



13th Annual Mental Health Conference

NOVEMBER 30–DECEMBER 3, 2026 / GALVESTON, TX

CONFERENCE AGENDA

Monday, November 30

9:00am–1:30pm Registration for Exhibitors and Participants

2:00–5:00pm **KEYNOTE SESSION**
Suffer From BURNOUT? Give ‘em the F.I.N.G.E.R.!
Mark Yarbrough

Grand Ballroom

5:00–6:30pm Welcome Reception

Tuesday, December 1

7:30am Registration

9:00am–3:30pm Exhibits Open

9:00am–3:30pm **BREAKOUT SESSIONS** (choose one)

I Suicide Prevention
Tamara Spencer

Ballroom A

II Just Tell Me What You Want to Eat!
How Assertiveness Affects Your Wellbeing
Melvin Bowser

Ballroom B

III Whole System, Whole Health –
Mental Wellness from Custody to Community
Cherylene McClain Tucker

Galleon I & II

IV The Invisible Handcuffs:
Why Cognitive Impairment, Not Voices,
Cripples Schizophrenia in Our System
Trina Bivens

Galleon III

9:30–10:00am Morning Refreshment Break

This agenda is tentative and is subject to change.

Tuesday, December 1 continued

10:00–11:30am **BREAKOUT SESSIONS** (choose one)

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| I | Children & Youth Sexual Behaviors:
“What’s Natural and Healthy?” Developmental Issues,
Normative & Problematic Behaviors
John Kubis | Ballroom A |
| II | Deflecting Is Now Affecting!
Michelle Hallock | Ballroom B |
| III | Building Bridges with Continuity of Care
Sierra Pratt & Shawn Edwards | Galleon I & II |
| IV | Beyond Behavior: Understanding Dysfunction
Behind the Actions of At-Risk Individuals:
Why People Resist Change, Repeat Patterns,
and Struggle to Transform
Regina Tate | Galleon III |

11:30am–1:00pm Lunch (On Your Own)

1:00–2:30pm **BREAKOUT SESSIONS** (repeated from 8:00am)

2:30–3:00pm Afternoon Refreshment Break

3:00–4:30pm **BREAKOUT SESSIONS** (repeated from 10:00am)

Wednesday, December 2

7:30am Registration

9:00am–3:30pm Exhibits Open

8:00–9:30am **BREAKOUT SESSIONS** (choose one)

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| I | Wellness Behind the Walls
Heath Crossland | Ballroom A |
| II | De-Escalation
Melvin Bowser | Ballroom B |
| III | Autism Through Two Lenses: Trainer and Parent
Rae-Annan Jacobs | Galleon I & II |
| IV | Stop the Bleed
Jessica Medrano | Galleon III |

Wednesday, December 2 continued

9:30–10:00am Morning Refreshment Break

10:00–11:30am **BREAKOUT SESSIONS** (choose one)

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| I | Anxiety in the Workplace
Hayley Nichols | Ballroom A |
| II | Sexual Behavior Problem Treatment 101:
What Do High-Quality Outpatient Treatment
and Management Programs Look Like?
Shanti Duncan | Galleon I & II |
| III | It Takes a Village:
Assisting Trauma Affected Justice Involved Veterans
in Rural Communities
Linda Anderson, Keith Millar, Zachary Peterson | Ballroom B |
| IV | Motivational Interviewing:
Engaging Treatment-Resistant Individuals
With Co-Occurring Disorders
Wendy Standifer | Galleon III |

11:30am–1:00pm Lunch (On Your Own)

1:00–2:30pm **BREAKOUT SESSIONS** (repeated from 8:00am)

2:30–3:00pm Afternoon Refreshment Break

3:00–4:30pm **BREAKOUT SESSIONS** (repeated from 10:00am)

Thursday, December 3

8:00am–12:00pm	CLOSING SESSION De-Escalation Dr. Steven Gonzalez	Grand Ballroom
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