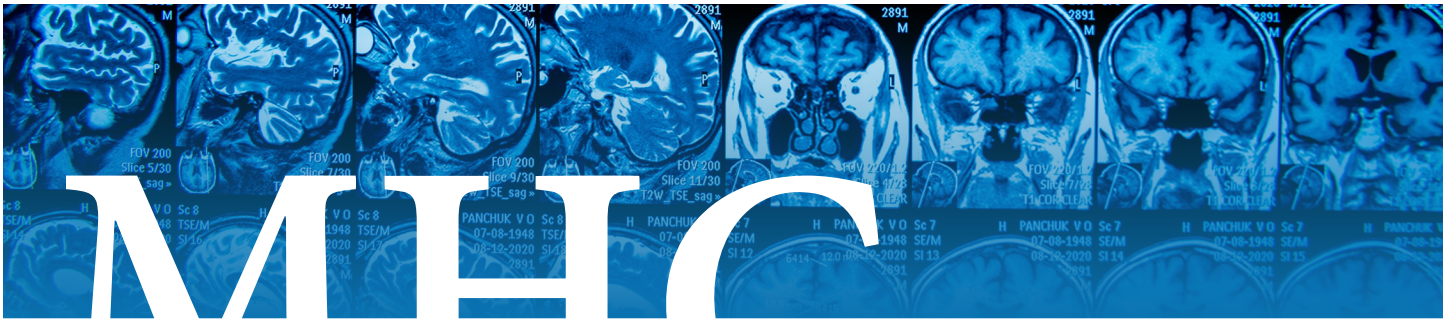


13th Annual Mental Health Conference

NOVEMBER 30–DECEMBER 3, 2026 / GALVESTON, TX

CONFERENCE AGENDA

Monday, November 30

9:00am–1:30pm	Registration for Exhibitors and Participants	*GICC Foyer*
2:00–5:00pm	**KEYNOTE SESSION** **Suffer From BURNOUT? Give 'em the F.I.N.G.E.R.!** Mark Yarbrough	*Grand Ballroom*

Tuesday, December 1

7:30am	Registration	*GICC Foyer*
7:30am–3:00pm	Exhibits Open	*GICC Foyer*
8:00–9:30am	**BREAKOUT SESSIONS** (choose one)	
I	**Suicide Prevention** Tamara Spencer	*Ballroom A*
II	**"Just Tell Me What You Want to Eat!" -** **How Assertiveness Affects Your Wellbeing** Melvin Bowser	*Ballroom B*
III	**Whole System, Whole Health –** **Mental Wellness from Custody to Community** Cherylene McClain Tucker	*Galleon I & II*
IV	**The Invisible Handcuffs: Why Cognitive Impairment,** **Not Voices, Cripples Schizophrenia in Our System** Dr. Trina Bivens	*Galleon III*
9:30–10:00am	Morning Refreshment Break	

This agenda is tentative and is subject to change.

Tuesday, December 1 continued

10:00–11:30am	**BREAKOUT SESSIONS** (choose one)	
I	**Children & Youth Sexual Behaviors: "What's Natural and Healthy?" Developmental Issues, Normative & Problematic Behaviors** John Kubis	*Ballroom A*
II	**Deflecting Is Now Affecting!** Michelle Hallock	*Ballroom B*
III	**Building Bridges with Continuity of Care** Sierra Pratt & Shawn Edwards	*Galleon I & II*
IV	**Beyond Behavior: Understanding Dysfunction Behind the Actions of At-Risk Individuals: Why People Resist Change, Repeat Patterns, and Struggle to Transform** Dr. Regina Tate	*Galleon III*
11:30am–1:00pm	Lunch (On Your Own)	
1:00–2:30pm	**BREAKOUT SESSIONS** (repeated from 8:00am)	
2:30–3:00pm	Afternoon Refreshment Break	
3:00–4:30pm	**BREAKOUT SESSIONS** (repeated from 10:00am)	

Wednesday, December 2

7:30am	Registration	*GICC Foyer*
7:30am–3:00pm	Exhibits Open	*GICC Foyer*
8:00–9:30am	**BREAKOUT SESSIONS** (choose one)	
I	**Wellness Behind the Wall: Corrections Wellness, Leadership, and the Hidden Weight of the Job** Heath Crossland	*Ballroom A*
II	**Recognizing Crisis Behavior and Verbal De-Escalation in Criminal Justice Settings** Melvin Bowser	*Ballroom B*
III	**Autism Through Two Lenses: Trainer and Parent** Rae'Annan Jacobs & Bryce Perkins	*Galleon I & II*
IV	**Stop the Bleed** Jessica Medrano	*Galleon III*

This agenda is tentative and is subject to change.

Wednesday, December 2 continued

9:30–10:00am	Morning Refreshment Break	
10:00–11:30am	**BREAKOUT SESSIONS** (choose one)	
I	**Anxiety Doesn't Clock Out: Managing Stress Wherever You Are** Hayley Nichols	*Ballroom A*
II	**It Takes a Village: Assisting Trauma Affected Justice Involved Veterans in Rural Communities** Linda Anderson, Keith Millar, & Zachary Peterson	*Ballroom B*
III	**Sexual Behavior Problem Treatment 101: What Do High-Quality Out-Patient Treatment and Management Programs Look Like?** Dr. Shanti Duncan	*Galleon I & II*
IV	**Motivational Interviewing: Engaging Treatment-Resistant Individuals With Co-Occurring Disorders** Wendy Standifer	*Galleon III*
11:30am–1:00pm	Lunch (On Your Own)	
1:00–2:30pm	**BREAKOUT SESSIONS** (repeated from 8:00am)	
2:30–3:00pm	Afternoon Refreshment Break	
3:00–4:30pm	**BREAKOUT SESSIONS** (repeated from 10:00am)	

Thursday, December 3

8:00am–12:00pm	**CLOSING SESSION** **S.T.A.R.S. MATRIX® - A Neuro-Behavioral Linguistic Approach to Crisis De-Escalation** Dr. Steven Gonzalez	*Grand Ballroom*

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